



**July 12, 2011 - Psalm 56:3**

Hi Everyone,

I am enjoying the examination of "trusting God" in Psalm 56. I have heard the phrase "trust God" all my life, but am sure I will be exploring it for the rest of my days on this earth. It is deep. It is strong. It is beyond my total comprehension! As we jump into verse 3, I just want to make it clear that I am on this journey of learning to trust God, too... asking questions, extending my faith and learning much about our God in Whom we place our trust. I am so thankful for God's Word which gives us Truth to walk in as we go.

In the NASB Psalm 56:3 reads,

**"When I am afraid, I will put my trust in Thee."**

In verse 1, we saw David cry out to God. In verse 2, we saw him camp in whining for a while. Now in verse 3, we see him making a declaration of trust in the Lord. I believe it will be beneficial for us to look at verse 3 in regard to the "times" we trust God.

First of all... the past. We all have moments in our past where we trusted God and moments where we wished we had. We can't go back. We need to understand that trusting God is the righteous choice; it is God's plan for us. We also need to understand that not trusting God is more than just a bad choice or a road that causes us some not-so-great consequences in our lives. Not trusting God is sin. So, in looking back, for anytime that we have not trusted God, we need to repent, seek His forgiveness and then move on. That's the past. We place our trust in Him to redeem us from our past. He is the only one that can do anything about it.

Now... the future. David says, **"When I am afraid, I will put my trust in Thee."** He is looking to the future, making a declaration; a decision that when fear grips him, he will place his trust in God. Good for him; that is the righteous choice for his future. Good for us, too, when we make this same choice concerning fear, anxiousness, anger, doubt, rejection or anything else that might threaten to undo us in this life in the days to come.

So, that's the past and the future. What about the present? The more I looked at Psalm 56, a question arose in my heart. Obviously, from memorizing verses 1 and 2, we can see that David is presently in a place of fear. He can't change the past and he is planning well for the future, but what about the present?

Here is my point: I believe we need to be careful to live in the present. It is easy to get stuck in regret about the past or always be looking ahead to the future, entertaining all kinds of high-minded spiritual aspirations in our relationship to the Lord. But, even better than making a plan to trust God in my future, is to actually trust God now, in my present!

What is life dealing us today? Fear? Hurt? Doubt? Rejection? Lack? Emotional upheaval? Disobedient children? Broken relationships? Temptation? Look at this statement and fill in the blank with your present situation:

*I am \_\_\_\_\_ but I am putting my trust in You today, Lord; right this very moment, I will trust You!*

As we do that, let's understand what the word "**trust**" in verse 3 really means. The original Hebrew word for "**trust**" in verse 3 is "**batach**," and it means... to trust in, to place confidence in, to feel safe and secure in, to be carefree in. So, whatever we are dealing with today, as we say, "I trust You Lord," we are saying, "I place my confidence in You, I choose to feel safe in You, to be secure in You, to let my cares go, because I know You are big enough to handle this and anything else. I put my trust in You."

There is a good word for us in Psalm 56:3... we need to put our trust in the Lord at all times, past, present and future!

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