Communion is...

Communion is remembering... I take this bread and cup to allow Jesus to help me remember Who He is.

Read Matthew 28:16-20

When Jesus met with His followers on the mountain, He spoke in absolutes! I love it that Jesus isn't swayed by our doubts. To the doubters and worshippers alike who climbed the mountain to meet Him in Galilee, Jesus clearly said the same thing, "ALL AUTHORITY in heaven and on earth has been given to me..." There is so much absolute in all that He said...

First, He absolutely has authority over everything and in every place... notice He used the words "all" and "in heaven and on earth." In response we can feel secure and protected alongside His authority. We can gain strength and confidence in His authority. We can rise up in victory and celebration because of His authority. And we should humble ourselves in obedience under His authority.

Second, He absolutely revealed Himself. Up until this point, there had only been a few moments where Jesus revealed Who He was. And even in those moments, there had still been an aura of mystery. However now, as the veil in the temple had been torn in two by Heaven's hand... and as He stood before them as the Resurrected Christ Who had completed His mission, Jesus held nothing back. He revealed Himself to the worshipper and doubter alike as the Son of God with all authority!

And third, He absolutely has the right to tell us what to do and how to do it. Since Jesus is in authority over everything and since He is the Son of God, He gets to lead the way. And He does, making it very clear that we are to go, make, baptize, and teach. And again, notice He doesn't step to the side to speak to the doubters... He absolutely gave the call for all of His followers to hear and respond.

And did you see this as well... that even within His leading there is so much absolute...

- Absolutely all of the nations are to hear the Gospel...
- Absolutely every part of who we are is to be in Christ... notice He said, "baptizing them" meaning to fully immerse...
- Absolutely all of the Godhead is in agreement with this plan... the Father, Son and Spirit...
- And absolutely, Jesus is going to be with us, even to the end of time...

Sometimes we forget how absolutely all encompassing these last words from Jesus were. But when we come to the table with Jesus, He helps us remember. He brings us back to His last moment on earth and says, *"Remember when I said..."*

Prayer Conversation Starter...

Jesus, sometimes I can tend to forget what You said. Sometimes I can even doubt. I come to Your table so You will help me remember...

