



September 20, 2011 - Psalm 56:13

Hi Everyone,

Well, here we are at the end of our third section of Psalms in moving through a year of memorization in this wonderful book. I know I personally have gleaned much as I have meditated on these verses in Psalm 143, 100, 101 and now 56. It seems like each Psalm has been so timely in my life and I hope it has been for you as well. I have been challenged and encouraged to think and live in ways that I would not normally gravitate to on my own. For instance, Psalm 56 is all about trusting God. As humans we are prone to place our trust in things on this earth. But Psalm 56 has called our eyes heavenward, to place our trust in the One True God. As we conclude its verses and move on to Psalm 27 next week, let it be with a personal conviction to trust Him... as there are so many benefits in doing so. Let's take a look.

In the NASB Psalm 56:13 reads:

**"For Thou hast delivered my soul from death, indeed my feet from stumbling,
so that I may walk before God in the light of the living."**

We finished verse 12 with David giving thank offerings to the Lord for all the promises that flow out of placing personal trust in God. Verse 13 is really an expression of that thanksgiving. David had taken the leap of faith to trust God in very challenging times and now he is reaping the blessings of this trust. The Truth is we may never experience the blessings of God's promises unless we take the leap of faith and actually trust God... even when it doesn't make sense... which I might add is much of the time! It is so much easier to place our trust in what we can see and touch and feel and understand. But God, our loving Heavenly Father, calls us to place our trust in Him alone! Oh the blessings that flow out to those who do. David took the leap of faith to trust God and God has brought life to his soul. Verse 13 allows us to listen in as David gives thanks to God.

David says, **"For Thou hast delivered my soul from death..."** Our soul has been defined as our

mind, will and emotions. Some refer to it as the seat of our personality. We can certainly experience a "death" in our mind as unhealthy thoughts assault us. Our will is not exempt from "death" either. If we look to this world for purpose, the decisions of our will may become based upon the world instead of the leadership of the One True God. That is a slippery slope toward "death" for sure. We have all made ungodly decisions that brought about the "death" of good things in our lives. And what about our emotions? Can they experience "death" too? Absolutely! We could go on and on about that. But instead, David is going on and on about how the Lord delivered his soul from death and even **"indeed his feet from stumbling..."** Why? Because by placing his trust in the Lord of heaven and earth, he has allowed God to shape his thoughts; he has allowed God to direct his will; he has allowed God to rule the reigns of his emotions. Without this daily trust in the one true God, our feet will stumble onto a slippery slope of "death." Lord, may it never be.

Perhaps you may feel like your soul is in death today... or even just that your feet are starting to stumble. I would encourage you, as I have to encourage myself, to check your trust. Where are your eyes looking today? Trusting in the One True God brings about the manifestations of God's promises in our lives. I love the words that David uses to describe the essence of living in those promises. He says, **"So that I may walk before God in the light of the living."** That just sounds good doesn't it? Walking before God in trust... in His light... with those who are alive and able to see life clearly!

There is a good word for us in Psalm 56:13. Trusting God puts us in the position to **"walk before Him in the light the living."** I believe there is no better place to stride while upon this earth!



If you are just joining us in this memorization project...welcome! The weekly devotions for the previous verses are available on our website by clicking on "A Year of Psalms" on the home page.

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